



Hello girls  
and boys

Summer is like a big, warm hug from God. The sun shines brighter, the flowers bloom cheerfully, and the birds sing their heart out. But did you know, this season is also a time to connect with our inner selves and recharge our spirits with God's love.

Imagine yourself lying on the soft grass, feeling the gentle breeze brush against your cheeks. Close your eyes and take a deep breath... That's the first step of summer spirituality - mindfulness. It is about being present in the moment, feeling grateful for the beauty around us, and recognising that it all comes from God's loving hands.

Now, let's talk about gratitude. Think about all the things that make you smile during summer; ice-cold lemonade, playing with friends, or watching the stars twinkle at night.

Take a moment each day to say "Thank you, God" for these little joys.

## Basking in the Glow: Summer Spirituality with God's Love!





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Summer is also a wonderful time to explore God's creation. Go for a hike in the woods, build sandcastles at the beach, or simply lie down and watch the clouds drift by. Nature is like a masterpiece painted by God, where we can find peace, awe, and a deeper connection to our creator.

creation. By spreading kindness and love, we reflect God's light and make the world a brighter place.

Let's make this summer a season of growth, gratitude, and giving, guided by God's love. Let's bask in the warm embrace of the sun and the even warmer embrace of God's infinite love, carrying that brightness within us wherever we go!

Finally, don't forget to spread kindness like confetti! Help a friend in need, share your toys, or plant a tree as an act of stewardship for God's

God bless,  
*Toby*

